

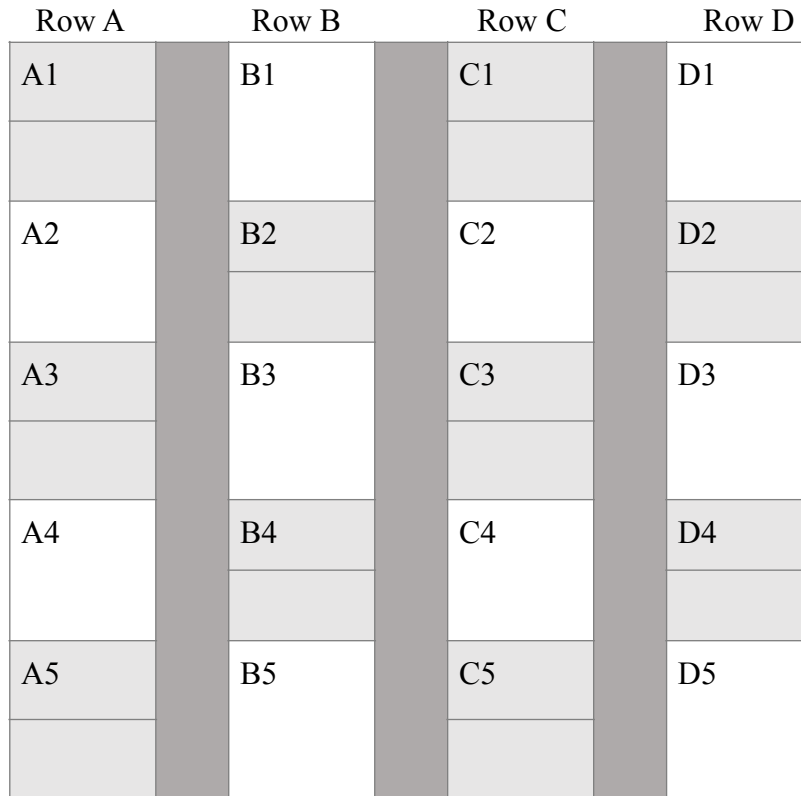
Beginner's Baby Quilt

STRIPS & BLOCKS - QUILT PATTERN #1

The kit contains:

- 20 rectangles of fabric to make 10 "blocks" (7" wide x 3 ¾" long)
- 10 squares of fabric for the remaining 10 "blocks" (7" wide x 7" long)
- 3 strips of "sashing" - fabric to separate the rows (3 ½" wide x WOF long)
- 4 strips of fabric for binding along the edges (1 ¾" wide x WOF long)
- 1 large piece of fabric for the backing (36" x 40")
- 1 large piece of batting for the fill (36" x 40")

Strip Quilt Assembly Diagram:



Sewing Instructions:

1. Layout the 30 pieces of fabric using the pattern diagram above.
 An **alternate assembly** would be to set the 2-strip blocks on the Vertical access (rather than the Horizontal access as shown); or alternate them vertically and horizontally.
 **Consider the "value", "print", & colour of the fabric.
2. Label the "blocks" (*a square containing the joined pieces of fabric – in this case 2 pieces are sewn together to make 1 block*) in each row with masking tape in the top left corner.
 **Make sure the tape is NOT inside the ¼ inch seam allowance.

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3. With right sides together, pin about 2 cm from the top and the bottom of the long edge of the 2 pieces you are joining to form 1 block.
**Make sure the cut edges are lined up EXACTLY together!!
4. Using ¼ " seams and the "quilting presser foot", sew each piece together to form your block. You may wish to "chain" the pieces as you sew to save time!
5. Press your seams. A good pressing will ensure that the quilt will assemble easily AND will be easier for you to quilt!
 - a. If you have a very light fabric sewn to a very dark fabric, press toward the darkest fabric so there are no "shadows" showing on the good side.
 - b. If your fabrics do not "shadow", press all the seams **down** and toward the right.
 - c. Make sure your seams do NOT have any "lips" (folds in the fabric along the seam line). Your seams must be totally flat!
6. Lay the blocks back on your working table into the original pattern.
7. Join the blocks together to complete each row making sure you sew in the same direction as you pressed your seam to prevent the presser foot from pushing the pressed seam in the wrong direction. Remove all the tape except for the row letter at the top.
8. Pin and sew the 3 vertical "sashing" strips in the kit in between each of the rows of blocks. Make sure that the rows are lined up with each other at the TOP. Press seam allowance toward the sashing (check for accuracy).
9. Trim off the long ends of the sashing strips at the BOTTOM to the same length as the quilt blocks.
10. Lay your backing onto a large table with the good side facing DOWN. Using masking tape, secure the backing edges to the table so it is "square" (on grain) with the table and does not shift as you work.
11. Lay the batting down on top of the backing in the center and smooth it out so there are no bumps.
12. Lay your quilt "face" on top of the batting with the good side facing UP. Center your face. Using safety pins, begin in the center of the quilt and work your way out to the edges pinning all 3 layers together in the center of the fabric squares. Pins should be about 15 cm apart. Check that there are no ripples!
13. With a Frixion pen or chalk marking device, mark an "X" pattern through the center of each block from corner to corner with a ruler.
14. Attach the "walking foot" to the sewing machine. Set the stitch length to 3.0 and Topstitch the quilt together in the following order:
NOTE: For the sashing – you may have to set the needle position so that you are sewing 1/4" from the seam line.
 - 1st - stitch the center sashing piece ¼" in from the seam line on both sides so you are stitching on the sashing piece;
 - 2nd - stitch the next sashing piece (to the right of center one) in the same manner;
 - 3rd - stitch the last sashing piece (to the left of the center one) in the same manner;
 - 4th - stitch along the "X" pattern you marked through each block.

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14. Before continuing, "square up or true up" your cut edges using the rotary cutter, mat and a long grid ruler.

15. Use a 4" X 3" piece of muslin fabric to make your label:

- a. Press under $\frac{1}{4}$ " along the top edge and along the right-side edge of the label
- b. **Neatly** print the following on your label using a permanent fine tipped marker:

Name of the Quilt
Your First Name Only
School Name
Month/Year

You can add any little decorative drawings you wish as well

- c. Pin the label to the backing side of the quilt in the bottom LEFT corner matching the left side and bottom edges of the label to the raw edges of the quilt.

16. Fold the binding strips in $\frac{1}{4}$ " along the top edge and press. Attach the bottom (unfolded) binding to each edge of the quilt as follows:

Sides first:

- a. Pin the cut edges of the binding to **the BACKING side** of the quilt matching edges.
- b. Sew $\frac{1}{4}$ " seam. Press the binding toward the outside edge making sure there are no "lips".
- c. Fold the binding so it wraps **TIGHTLY** around to the good side of the quilt. Pin in place. Press.
- d. Edge stitch binding in place close to the fold.
- e. If necessary, trim the ends of the binding even with the TOP and BOTTOM of the quilt.

Top & Bottom:

- f. Fold under $\frac{1}{2}$ " at each end so that the binding does not have any "raw" edges showing.
- g. Attach the binding to the TOP and BOTTOM edges of the quilt in the same manner as above.

17. **Very neatly**, slip stitch the top and right side of the label to the quilt with matching thread.