

WALK – Session 1 – The Test Drive

Purpose – Become familiar with your walking foot or your integrated Dual Feed system operation (only on some sewing machines) and features before you tackle your first quilt.

Materials

- Sewing machine with a walking foot installed or IDF engaged
- Knee lift installed if available
- Prepared Quilt sandwich – suggested Muslin, 2 rectangles 12” by 18” (or other solid or close to solid fabric), low loft batting 14” by 20” and using either spray baste or basting pins.
- Contrasting thread to quilt sandwich material already in bobbin and in sewing machine. Can be 50 weight or 40 weight, cotton or polyester
- Fabric-safe marker (pencil will work as well)
- 18” acrylic ruler (or another ruler if it is longer than 18”)
- Pen and notebook
- Lunch plate

Goals

- a) Establish the edge of the foot-to-needle interval
- b) Experience the rhythm of the walking foot
- c) Test the even feed of the walking foot or IDF
- d) If needed, customize the sole plate by adding markings
- e) Use the markings on the sole plate, approaching a line at an angle other than ninety degrees.
- f) Echo a curve using the mark directly across from the needle.