



Central Okanagan Hospice Association

COHA Vision and Mission

Our History:

- Celebrating 36 years in supporting the Central Okanagan

Our Vision:

- COHA is creating a community where no one has to die or grieve alone

Our Mission:

- Offering compassionate care, comfort, support and learning to those who are dying or grieving alone within our community
-

COHA Programs and Services

Community Hospice Visiting Program

- Home, Residential Care, Hospital, Hospice House

Vigil Program

- Support for last days and hours

Bereavement Program

- Companionship, Closed Groups, Walking Groups, Professional Counselling,

Volunteer Program

- On-going training, education and support

Wellness Program

- Yoga, Reiki and meditation
-

COHA Programs and Services

Volunteer Programs at Hospice House:

Supportive care

- friendly visiting and companionship

Wellness

- Reiki for clients and families

Program Support

- Reception desk, fish aquariums, seasonal programs & decorating, gardening, heart cart, entertainment and music, pet visits, tea cart and food programs
-

Central Okanagan Hospice House

The Central Okanagan Hospice House (COHH)

- Hospice House is owned and operated by Interior Health (IH)
- IH provides staffing - nursing care, maintenance, support staff
- Capitol expenses and major equipment

Central Okanagan Hospice Association (COHA)

- COHA provides volunteer services and programs at Hospice House
 - COHA provides supportive, comfort care to clients and families
 - COHA fundraises for some of the comforts of home ie. cable and internet
-

Central Okanagan Hospice House

History:

- 1996 Initial conversations started to create Hospice House
 - 2000 Designated beds at Cottonwoods
 - 2006 Steering committee created for Hospice House
 - 2007 plans were drawn up and ground broke
 - 2008 Moved In!
-

Central Okanagan Hospice House

About Hospice House:

- The creation of Hospice House was a collaboration between COHA, BC Cancer Agency and Interior Health.
 - Hospice House is celebrating its 10th year anniversary in Sept, 2018!
 - Adult only Hospice
 - 24 beds
 - Average length of stay 2 weeks.
-

Hospice Palliative Care

About Hospice Palliative Care

- Hospice palliative care is aimed at relieving suffering and improving the quality of life for persons who are living with, or dying from, advanced illness or are bereaved.
 - The goal of palliative care is to provide comfort and dignity for the person living with the illness as well as the best quality of life for both this person and his or her family.
 - An important objective of palliative care is relief of pain and other symptoms. Palliative care meets not only physical needs, but also psychological, social, cultural, emotional and spiritual needs of each person and family.
-

Orchard Valley Quilters Guild

The quilts provided by the Quilters Guild are used in a variety of ways.

Client rooms

- Full sized quilts are used in the clients rooms (Hospice House and Brookhaven Care Centre)
- They provide comfort to the clients



Celebration of Life

- Quilted placemats are used to decorate tables at the monthly Celebration of Life Service.

Special Events

- Placemats are also used during special events such as garden teas, Mother's
-

Testimonials

Volunteer

- “When people are grieving and in shock after a Celebration of Life Service, most stop by for a cup of tea or coffee or a bite to eat and are usually feeling a loss for words and dialogue is a huge struggle.”
 - “Then they see the beautiful quality place mats and table settings, it offers an opening for dialogue such as ‘my loved one used to quilt’ or ‘oh my look at all the effort this took’ or ‘These beauties did not come from a big box store’.”
 - “The quilts and mats are so much more than a decoration...they are a symbol of humanity and service. There has not been one Celebration of Life yet that has not led to a word of healing...starting with the quilts. Thank you!!!”
-

Testimonials

Staff

- “The quilts help to make the client rooms welcoming, this is especially true for new clients to the Hospice House.”
- “The placemats help to make the environment at the Hospice House comfortable and inviting for clients, families and visitors.”

Feedback

- Clients may not use the quilts throughout their stay depending on their health and condition, some find the quilts too heavy.
-

Future Projects

Summer quilts

- Light weight material, no batting

Pillow cases

- Standard size, single bed

Table runners

- 44 x 72 inches
-

Thank you!

Thank you for your support of the programs and services offered by COHA at the Hospice House and Brookhaven Care Centre.

Your continued support provides comfort to the clients and families that we support.





Contact Information:

Carmen Cocarell

Volunteer and Program Coordinator

(Hospice House)

250-862-4126 ext 3639

carmen@hospicecoha.org
